



Prices for Services ~ Sacred Awakenings

Body Work Sessions:

1 hour \$60-75 scale

1.5 hours \$85-100 scale

****15.00 off first session****

Doula Services:

Labor Support: \$800-1,000 scale Postpartum Doula: \$30/hour

Yoga Classes:

Children's Yoga/Weekly: \$8 per class

Prenatal Yoga/Weekly: \$80 8-class card/\$12 drop in

Flow Yoga/Weekly: \$12 drop in per class, \$40 4 classes/\$80 8 classes

Yoga 4 Girls/Monthly: \$15 per class

Family Yoga /Monthly: \$10-20 sliding scale

Yoga 4 Moms/Monthly: \$15-35 sliding scale

Partner Prenatal Yoga Workshop/Monthly: \$65-95 couple sliding scale

Individualized Yoga Sessions:

Yoga Sessions: 1.25 hours \$65-100 sliding scale, locations variable

Namaste`